

Scholehouse sachet

FOR THE QUEEN'S TREASURE CHEST

Materials

- 2 linen squares marked with design
- 2 squares of cotton batting to hold herbs
- Red embroidery floss (DMC 815)
- White thread for edging (DMC Cebelia size 10)
- Needles

Instructions

Embroider designs on linen in outline stitch using 2 or 3 strands of floss.

Tips for outline stitch: Take small stitches, only 2 or 3 threads; remember the size of your stitch on the surface is twice as long as the stitch you take with your needle. Be sure the thread lies to the outside on any curves. If the stitches "lean" inward on circles and other tight curves, make your stitches even shorter. For sharp points, stitch around the corner, then go back and take one tiny "tacking" stitch over your stitching at the exact corner point to anchor the thread.

Take the squares of batting and baste together along 3 edges; fill pocket with 1 to 2 TBSP of lavender flowers, dried rose petals, or other fragrant herbs. Baste fourth side closed.

Fold in 1/4 inch on all four sides of linen and whipstitch the two squares together with white sewing thread along three sides. Insert batting with herbs and whipstitch the fourth side closed.

With Cebelia, work a row of 1/4 inch buttonhole stitches closely around all four edges of sachet, spacing them about one thread's width apart. Continue with a second round of stitches as follows: skip three stitches of the previous row, 2 buttonhole stitches in next stitch, repeat. (You may want to slip a pencil or knitting needle into each loop as you make it to keep them a uniform size.)

Add a small loop of red ribbon or cord at the top corner for hanging.

Sources

The flower, insect and fruit designs used for these sachets come from Richard Shorleyker's *A Schole-house for the Needle*, a pattern book first published in 1632. Simple designs like these appear in many pieces of needlework from the late 16th and early 17th century in England, worked in outline stitch as scattered motifs, or as part of larger embroidered panels in canvas work and other techniques. Several more motifs appear on the back of this page for your future projects.

Sponsored by

The Needleworkers Guild of the Kingdom of the West (SCA)

Disclaimer: This flyer is published by and for the Needleworkers Guild of the West Kingdom of the Society for Creative Anachronism, Inc. It is not a corporate publication of the SCA, Inc. and does not delineate SCA, Inc. policy. Copies of this brochure and other Needleworkers Guild literature may be obtained from Sabrina de la Bere, Guild Minister, P.O.Box 1809, El Granada, CA 94018; phone (650) 712-8405; e-mail <SabrinadelaBere@coastside.net>



